



Resilient Caregivers: Exploring Mental Health Challenges and Support Systems for Families Caring for Individuals with Special Needs

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Message from the Guest Editors

Families who provide care to individuals with special needs, including those with chronic health conditions, developmental disabilities, and mental health disorders, often face unique and multifaceted challenges. These challenges can significantly impact the mental health and well-being of the caregivers themselves, as well as the overall family dynamic. ... Despite the growing recognition of these issues, there remains a substantial gap in comprehensive research and evidence-based interventions tailored to support the mental health of these caregivers.

This proposed Special Issue aims to address this gap through collating high-quality research and reviews that explore the mental health challenges faced by families caring for people with special needs, the factors that contribute to these challenges, and the interventions and support systems that can mitigate these effects.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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