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# The Effect of Time Perspective on Public, Environmental and Occupational Health

Guest Editor:

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## **Message from the Guest Editor**

The time perspective (TP) refers to how individuals subjectively evaluate and focus on the past, the present, and the future (e.g., Zimbardo and Boyd, 1999). The TP, and specifically a balanced TP (BTP), has been widely associated with a range of important outcomes across a variety of life domains. Studies utilizing different theoretical perspectives have demonstrated that individual differences in the time perspective are associated with a variety of important outcomes, such as health-promoting behaviors and psychological distress, considering different age ranges (Baird et al., 2021). Additionally, psychological TP has important effects on work experience and behavior at work (Navarro et al., 2015). In addition, TP has been recently associated with community adaptation, for example, to climate change (e.g., Terblanche-Greeff et al., 2018). The actions of members in a community are determined by collective cultural beliefs and sociocultural traits (e.g., TP), identifying risks and adapting behaviors. However, the question of how TP has such wide-reaching effects remains unknown, probably due to different theoretical TP adopted and TP measures.







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# **Message from the Editor-in-Chief**

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