



## Individual Differences and Sustainable Behavior

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Deadline for manuscript  
submissions:

**closed (31 October 2023)**

### Message from the Guest Editors

In this Special Issue, we aim to contribute to the understanding of the role of individual differences in shaping human behavior favoring sustainability. Even though tenets of the individual-differences approach have been largely used in psychology to explain human behavior in different contexts (e.g., education, work environments, everyday life behaviors), emerging new models of sustainability call for novel approaches to investigate differences in how people deal with sustainable challenges. In fact, sustainable development can be seen as a way of thinking and acting that is open to learning and changing for the vulnerability of our environment and of ourselves. In this regard, the individual-differences approach seeks to understand how inter- and intra-variability in psychological characteristics (different cognitive resources, personality traits, motivational factors, age, attitudes, individual skills, education, etc.) interact with one another and with environmental needs to produce sustainable outcomes. The role of emotion should not be overlooked, because emotions can trigger action in ways that lead to more durable





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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