



## **Joint Movement and Skeletal Muscle Health**

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### **Message from the Guest Editor**

Dear Colleagues,

Joint and muscle health is an important factor that enables not only athletes to achieve their ideal performance, but that also supports individual physical activity. However, due to sports injury, trauma, or aging, the health of joints and muscles is weakened, and physical and mental difficulties are accompanied by limited activity and weakened functions. Appropriate treatment and systematic rehabilitation is needed for these patients in order to help them return to daily activities, recreation, and sports activities. This Special Issue is focused on the damaged joint condition and the function of restoration. In addition, it aims to present scientific approaches and research results on the restoration of muscle and joint health through various rehabilitations and applications.

Dr. Yong Hwan Kim

*Guest Editor*





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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