



Winter Sports Implications for Training, Environmental and Health

Guest Editors:

Dr. Tomasz Gabryś

1. Physical Education and Sport
Center University of West
Bohemia, Pilsen, Czech Republic
2. Faculty of Health Sciences Jan
Dlugosz University Czestochowa,
Czestochowa, Poland

Dr. Arkadiusz Stanula

Institute of Sport Science, Jerzy
Kukuczka Academy of Physical
Education, 40-065 Katowice,
Poland

Prof. Dr. Zbigniew Waśkiewicz

Institute of Sport Science, Jerzy
Kukuczka Academy of Physical
Education, 40-065 Katowice,
Poland

Message from the Guest Editors

Winter sports as a form of exercise are of great significance and must be examined not only due to their environmental impact, but also due to the way they can affect the health of those who practice them, who are often exposed to altitude hypoxia and cold. Thankfully, the great variety of winter sports gives researchers varied opportunities to carry out methodological, physiological, biochemical, and psychological analyses. An important element used to optimize the training process in the long term is the medical aspect of winter sports training. The purpose of this Special Edition is to collect scientific publications presenting the results of research in relation to the environmental and health conditions of preparation of winter sports participants. We also encourage authors to send review articles on the current state of knowledge in this field.

Deadline for manuscript
submissions:

closed (3 April 2023)





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

International Journal of
*Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)