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Youth Mental Health 2022

Guest Editor:

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Deadline for manuscript submissions:

closed (30 October 2022)

Message from the Guest Editor

Improving youth mental health is a global health priority. Most mental health difficulties develop in adolescence or early adulthood, and approximately 75% of adults with mental health difficulties have experienced onset of their difficulties prior to age 25. Effective treatments for youth mental health difficulties exist, but these treatments are often sub-optimal in reach, accessibility, scalability, and impact. Treatments developed for adult mental health difficulties may also need adaptation to the developmental needs of adolescents and young adults. Prevention and early intervention approaches are often underfunded but are essential for minimising illness impact, societal burden, and long-term healthcare costs. There is a need for innovative healthcare approaches for this age group.

Papers addressing these topics are invited for this Special Issue, especially those with a practical focus on improving youth mental healthcare. This may include research on new treatment approaches, efforts to improve the implementation and scaling of established evidence-based approaches, or other new developments in this area.







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Editor-in-Chief

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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