



## Advances in E-mental Health

Guest Editors:

**Prof. Dr. Artemisa Rocha  
Dores**

1. Center for Rehabilitation  
Research, School of Health,  
Polytechnic Institute of Porto,  
4200-072 Porto, Portugal

2. Laboratory of  
Neuropsychophysiology, Faculty  
of Psychology and Education  
Sciences, University of Porto,  
4200-135 Porto, Portugal

**Dr. Cristina Mendes-Santos**

Fraunhofer Portugal AICOS,  
Alfredo Allen 455, 4200-135 Porto,  
Portugal

Deadline for manuscript  
submissions:

**closed (31 December 2024)**

### Message from the Guest Editors

In recent years, a substantial body of evidence has been gathered on the efficacy of e-mental health approaches in improving clinical outcomes, treatment adherence, and healthcare sustainability. Yet, e-mental health research remains limited, and technology-enabled mental health interventions remain behind in translation to clinical practice.

The upsurge of the COVID-19 pandemic expedited the creation of various digital or hybrid services, enabling timely psychological assessment, crisis support delivery, and the continuity of mental healthcare provision, especially during lockdowns. The current Special Issue aims to contribute to disseminating the most recent advances regarding e-mental health good clinical practice, training, delivery, and impact on clinical and economic outcomes. Papers addressing digital technologies for mental healthcare purposes, focusing on e-mental health policy, training, intervention, assessment, and implementation, are invited to contribute to this Special Issue. A range of study populations, intervention modalities (e.g., unguided, guided, blended-care interventions), and research methods are welcome in this Special Issue.





an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul R. Ward**

School of Society and Culture,  
Adelaide University, Adelaide  
5001, Australia

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (Public Health, Environmental and Occupational Health)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
X@IJERPH\_MDPI