



Advances in E-mental Health

Guest Editors:

**Prof. Dr. Artemisa Rocha
Dores**

1. Center for Rehabilitation
Research, School of Health,
Polytechnic Institute of Porto,
4200-072 Porto, Portugal

2. Laboratory of
Neuropsychophysiology, Faculty
of Psychology and Education
Sciences, University of Porto,
4200-135 Porto, Portugal

Dr. Cristina Mendes-Santos

Fraunhofer Portugal AICOS,
Alfredo Allen 455, 4200-135 Porto,
Portugal

Deadline for manuscript
submissions:

31 December 2024

Message from the Guest Editors

In recent years, a substantial body of evidence has been gathered on the efficacy of e-mental health approaches in improving clinical outcomes, treatment adherence, and healthcare sustainability. Yet, e-mental health research remains limited, and technology-enabled mental health interventions remain behind in translation to clinical practice.

The upsurge of the COVID-19 pandemic expedited the creation of various digital or hybrid services, enabling timely psychological assessment, crisis support delivery, and the continuity of mental healthcare provision, especially during lockdowns. The current Special Issue aims to contribute to disseminating the most recent advances regarding e-mental health good clinical practice, training, delivery, and impact on clinical and economic outcomes. Papers addressing digital technologies for mental healthcare purposes, focusing on e-mental health policy, training, intervention, assessment, and implementation, are invited to contribute to this Special Issue. A range of study populations, intervention modalities (e.g., unguided, guided, blended-care interventions), and research methods are welcome in this Special Issue.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI