



Psychological Prevention and Intervention Strategies for Body Dissatisfaction and Disordered Eating

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Message from the Guest Editors

Given the strong impact that body dissatisfaction and disordered eating have on individual wellbeing and quality of life. Simultaneously, efforts should be devoted to emphasizing and implementing protective factors for body image, with the aim of promoting a positive body image (i.e., body appreciation, body acceptance/love). At the same time, there is a need for prevention and intervention strategies that are cost-effective for the healthcare systems and easily accessible to people who are at high risk of developing body dissatisfaction and disordered eating. In this Special Issue, we are looking for high-quality research articles and reviews that focus on psychological prevention and intervention strategies for body dissatisfaction and disordered eating, especially those combining a high academic standard coupled with a practical focus on reducing body dissatisfaction and disordered eating and on promoting a positive body image. Research can target any group and context. Both quantitative and qualitative research papers as well as theoretical contributions are welcome. The keywords listed below provide an outline of some of the possible areas of interest.





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Message from the Editor-in-Chief

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