



Body Image, Disordered Eating and Mental Health in Adolescence

Guest Editors:

Dr. Isabelle Bray

Centre for Public Health and Wellbeing, University of the West of England (UWE), Bristol BS16 1QY, UK

Dr. Helena Lewis-Smith

Centre for Appearance Research, University of the West of England (UWE), Bristol BS16 1QY, UK

Dr. Melissa Atkinson

Department of Psychology, University of Bath, Bath BA2 7AY, UK

Deadline for manuscript submissions:

closed (30 April 2023)

Message from the Guest Editors

Dear Colleagues,

Eating pathology and depressive symptoms increase during adolescence, yet predictive pathways remain predominantly unexplored, despite their implications for prevention. Body dissatisfaction amongst children and young people is a serious global concern in its own right, but is also a risk factor for later depression and disordered eating, both of which are major public health issues.

Globally, 20% of children and adolescents are diagnosed with a mental health condition, and young people's mental health is an increasing concern in light of the Covid-19 pandemic. It is also likely that social conditions since the pandemic have exacerbated eating disorders, with increased restricting and binge-eating behavior reported in the general population. Qualitative work reports that lockdown measures have increased feelings of anxiety and led to an increase in disordered eating symptoms.

This Special Issue of the International Journal of Environmental Research and Public Health (IJERPH) will focus on research that considers the complex relationships between body image, disordered eating and mental health in adolescents.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI