



Burnout as a Public Health Problem and Its Approach from Prevention

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Message from the Guest Editors

This Special Issue is intended to provide greater visibility to the empirical study of the relationships between the presence of certain protector factors, which can specifically prevent the development or chronification of professional burnout of workers. These are professionals who, due to the characteristics of the setting they act in, perform tasks requiring continuous interaction with colleagues, children, patients, and their family members. In addition to the technical competencies necessary for them to develop their particular profession, it is indispensable to attend to other personal resources, which make these professionals less vulnerable to the effects of the workload, exhaustion, job dissatisfaction, stress, and so on, all of which involves being equipped with personal tools for coping successfully with the demands typical of their job, thereby contributing to improved social relations, performance, teamwork, effective leadership, etc., and in other words, work better adjusted to needs and demands. Furthermore, personal and professional benefits, and, ultimately, the advantages of all of this for the institution or company are outstanding.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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