



Research in Childhood Obesity

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Message from the Guest Editor

Dear Colleagues,

Childhood obesity has reached epidemic levels in both developed and developing countries. The World Health Organization (WHO) defined overweight and obesity as abnormal or excessive fat accumulation that presents a risk to health. It is well established that overweight and obese children are likely to remain obese into adulthood, and are more likely to develop non-communicable diseases due to lifestyle at a younger age.

This Special Issue aims to improve our understanding of obesity in children and adolescents. We welcome original research, literature reviews, and critical commentaries on any aspect of obesity during childhood. This can include studies that aim to clarify the interrelationship between body composition, academic performance, physical activity, sedentary time, physical fitness, social correlates of physical activity, metabolic risk factors, and the influence of these factors on obesity. Additionally, we will welcome intervention studies on childhood obesity.

Prof. Dr. Makama Andries Monyeki
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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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