



## Chronic Disease Management and Digital Health

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submissions:

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### Message from the Guest Editor

Chronic diseases, the leading cause of mortality, avoidable hospital admissions, rising health and hospital expenditure, lost productivity, premature death and low rate of employment worldwide, have been growing steadily in the last few decades. Multi-morbidity exacerbates the problem, as does ageing. Chronic conditions are a priority for action in the health sector globally. As such, innovative health policies, self-management interventions and strategies, appropriate and functioning digital technologies are needed to prevent this increasing growth worldwide.

In this Special Issue, we are inviting papers discussing innovative health policies, self-management interventions and strategies which are appropriate and explore how digital health can transform chronic disease management and how feasible it is to develop a healthcare system that can potentially provide behavioural insights in real-time to facilitate care continuity. Chronic diseases include, but are not limited to, the following: type 2 diabetes, pulmonary disease, heart disease, hypertension, lipid disorders, arthritis, and osteoarthritis.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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