



Digital Technology and Diet-Related Health

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Deadline for manuscript submissions:

closed (31 October 2023)

Message from the Guest Editor

There is evidence that poor dietary habits are associated with a range of chronic diseases (e.g., heart disease, diabetes, and colorectal cancer). Evidence suggests that one in every five deaths worldwide is associated with poor dietary habits.

Advances in digital technologies can support the delivery of person-centred nutrition care for improving diet-related health. Digital technologies (e.g., the internet of things, big-data analytics, and artificial intelligence that uses deep learning) can be applied to help tackle the challenges of changes in eating behaviour.

This Special Issue plans to give an overview of the most recent advances in the field of using digital technologies to promote diet-related health. It aims to provide selected contributions on advances in the synthesis, characterisation, and applications of digital technologies with regard to changes in eating behaviour.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

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