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Economic and Health Effects of Telework

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Message from the Guest Editors

The COVID-19 pandemic, along with technological advancement, have promulgated a dramatic increase in both remote work and telework. Findings regarding the benefits, costs, and consequences of telework are inconsistent. Literature reviews have concluded that telework can be beneficial for some workers by reducing job stress while being harmful in others by increasing job stress. Telework can result in increased job satisfaction by offering increased autonomy and flexibility and reducing commute times. However, for others, telework can reduce wellbeing by further blurring boundaries between work and home and increasing social isolation, fatigue, and depression. Research is needed to identify under what circumstances positive or negative effects of telework manifest. In addition to the potential physical and mental health effects of telework, important economic and productivity effects influence workers, families, employers, and societies. For this Special Issue, we invite both theoretical and empirical papers on telework from researchers in the U.S. and the international community.









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Message from the Editor-in-Chief

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