



The Importance of the Environment and External Constraints in Health and Sport Development

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Deadline for manuscript
submissions:

closed (1 February 2022)

Message from the Guest Editors

Environmental and external constraints in health and sport development are of great importance. Any sport system depends to some extent on its surrounding environment, both from an organizational perspective and in terms of athletes' performance. In many cases, success in any sporting project also depends on external factors that are difficult or impossible to control.

The aim of this Special Issue is to attract studies that analyze this phenomenon. Among the different topics of interest are the influence of sports facilities and sports infrastructure on sports and health, the accessibility to sports facilities and the development of sports in cities, the characteristics of sports organizations and their contribution to the development of athletes as well as their cultural and social influence on the physical activity habits of communities.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

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Environmental Research and Public
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