



Mental and Physical Health, Aggressiveness, and Sedentary Behavior on eSports and Videogames

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Message from the Guest Editors

eSports are a consolidation of video game competition as a show open to the real or potential masses of spectators and fans in person or through the Internet and other open-access platforms.

These events have grown exponentially in the last 10 years, offering teams and players a new professional environment to look for incentives. Some studies have suggested a direct relationship between the use of violent video games and aggressive behavior in young players. However, results from recent meta-analyses have not shown enough evidence for a cause–effect relationship. Recently, the World Health Organization incorporated video game addiction disorder into the “mental health” section, pointing out the need to increase current knowledge about the impact that eSports and video games could have on mental health, physical fitness, social relations, sedentary lifestyle, and youth obesity. Hence, this issue aims to be a platform to publish original and novel studies in this field to allow open access to researchers and the general public for a better understanding of a novel, contemporary, and necessary topic.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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