



Exercise Referral and Social Prescribing for Physical Activity

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Deadline for manuscript
submissions:
closed (31 January 2021)

Message from the Guest Editors

Dear Colleagues,

Physical inactivity is a global pandemic leading to poor health outcomes. Increasing physical activity levels are therefore a priority for public health and policy makers. For decades, health care professionals have been able to refer patients with a range of medical conditions to physical activity interventions delivered at community level. Despite the popularity of such interventions, there is a need to improve the evidence base for ‘what works best’. Research that contributes to a better understanding of delivery mechanisms and appropriate measures of success can offer a critical guide for policy efforts and planning for public health.

This Special Issue is open to quantitative and qualitative submissions in any subject area related to the design, implementation, and impact of community-based interventions that involve a referral for physical activity. The listed keywords suggest just a few of the many possibilities.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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