



The Development of Expertise and Excellence in Sport Psychology

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Message from the Guest Editors

Dear Colleagues,

The aim of this Special Issue is to assemble both applied and theoretical research from experts within the field of all forms of sports science, e.g., biomechanics, physiology, performance and exercise, motion analysis, talent identification, coaching philosophy, injury and psychology. We are interested in original research that advances knowledge in the understanding of decision-making, cognitive processes and how expertise develops in sports, as well as expertise in cognitive abilities such as perception, memory, attention and imagery.

We encourage interdisciplinary papers submissions concerning, but not limited to, the following areas:

- Flow: the key to optimal performance
- Mind–body well being
- Anticipation and decision-making
- Cognitive, biological and physiological processes to performance enhancement
- Motor performance cognitive impact throughout development
- Emotional and motor components in sport performance
- The effects of personality traits on sports performance
- The efficacy of using imagery to enhance learning and sport performance
- The effect of mood states on performance
- Motion and performance analysis

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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