



## **Factors Affecting Human Fat Distribution and the Metabolic Health Implications**

Guest Editor:

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### **Message from the Guest Editor**

Dear Colleagues,

Adipose tissue distribution, versus overall obesity, may be a better determinant of metabolic health risk. Preferential accumulation of abdominal fat (visceral and subcutaneous) is associated with obesity-related diseases, while lower-body fat (gluteal and femoral) is associated with lower health risk and may be metabolically protective.

This Special Issue will address this topic and feature the latest research investigating the factors and mechanisms that influence regional human adipose tissue development, distribution, and function. Scholars are invited to contribute novel research findings, approaches, and perspectives, with the aim to better understand the determinants of human fat distribution and the metabolic health implications.

Dr. Ursula White  
*Guest Editor*





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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