



Female Athlete Health in Training and Sports Performance

Guest Editors:

Dr. Stacy T. Sims

The Sports Performance
Research Institute New Zealand
(SPRINZ), Auckland University of
Technology (AUT), Auckland
1010, New Zealand; Faculty of
Health, University of Waikato,
Hamilton 3216, New Zealand

**Prof. Dr. Christopher T.
Minson**

Department of Human
Physiology, University of Oregon,
Eugene, OR 97403, USA

Deadline for manuscript
submissions:

closed (30 November 2022)

Message from the Guest Editors

This Special Issue aims to examine sex differences in performance, including preparation and recovery modalities. Broadly, this Special Issue is seeking original submissions that: (1) Use sound scientific design to distinguish differences between phases of the menstrual cycle and/or natural vs. hormonal contraception cycles on performance; (2) Investigates sex differences (from molecular through to whole-body scales) in athletic performance; and (3) Best practices for designing, implementing, and/or evaluating sex-specific training modalities. Special interest will be given to innovative submissions that expand and build upon optimizing performance and recovery between sexes. Other manuscript types of interest include relevant position papers, brief reports, and commentaries.





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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
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University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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