



The Relationship between Food Intake and Emotional Health

Guest Editor:

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Deadline for manuscript
submissions:

closed (31 October 2021)

Message from the Guest Editor

Various emotions negatively or positively affect the amount or characteristics of food consumption. Vice versa, nutrients affect brain chemistry, impacting mood, memory, and cognitive function. Studies have described negative emotions leading women to consume more foods, especially high-energy-density foods rich in sugar and/or fat; however, some do not agree. The inconsistency in the literature may be associated with methodological considerations, such as the use of different study designs, questionnaires, or experimental methods. In this Special Issue we seek submissions that are related to 1) emotions and/or cognitive function affecting food intake, 2) brain chemistry or brain function affecting food intake, 3) nutrients or foods that are associated with emotions, 4) sex differences in emotion and food intake, etc. Special interest will be given to submissions that include novel findings and/or expand our conventional ideas regarding emotional health and food intake.





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Message from the Editor-in-Chief

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