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## Frailty in the Elderly: Issues and Challenges

Guest Editors:

Prof. Dr. Marta Muszalik Department of Geriatrics, Collegium Medicum, 85-094 Bydgoszcz, Poland

## Prof. Dr. Mateusz Cybulski

Department of Integrated Medical Care, Faculty of Health Sciences, Medical University of Bialystok, 15-096 Bialystok, Poland

## Dr. Grażyna Puto

Department of Internal and Environmental Nursing, Institute of Nursing and Midwifery, Faculty of Health Sciences, Jagiellonian University Medical College, 31008 Kraków, Poland

Deadline for manuscript submissions:
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## Message from the Guest Editors

The population of older adults is constantly growing, both in Europe and all over the world. The most common medical problems faced by older people are reduced functional capability and morbidities. Fried et al. define it as "a biologic syndrome of decreased reserve and resistance to stressors, resulting from cumulative declines across multiple physiologic systems, and causing vulnerability to adverse outcomes". Symptoms that identify frailty syndrome are undesired loss in body mass, reduced muscle strength, exhaustion, slowness, and low physical activity. According to gerontologists, frailty syndrome is marked by reduced immunity to stressors, resulting in the exhaustion of functional reserves of the organism. The incidence of frailty in European society is between $5.8 \%$ and $27.3 \%$, whereas the pre-frail condition occurs in $34.6 \%$ to $50.9 \%$ of the older adult population.

Researchers and practitioners in this field have also been investigating advances in frailty care and management, including diagnosis, prevention, treatment and multi-morbidity.

This Special Issue is open to submissions concerning health care and frailty.

## Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation, Richard Dixon Research Center, Morgan State University, 1700 E. Cold Spring Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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International Journal of
Environmental Research and Public
Health Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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