



Health Resort Medicine: Resources and Applications in Environmental Health

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Message from the Guest Editor

The use of medicinal and natural mineral water and its derived products, mud or peloid, and gases has recently been developed due to evidence-based practice. Health resort medicine uses these resources in health promotion, prevention, rehabilitation, and therapy of numerous chronic disorders such as rheumatic, respiratory, neurological, vascular, dermatological, digestive, metabolic, in extreme ages of life, and others.

This Special Issue welcomes original studies that consider and apply these resources, the mechanisms of action, application techniques, current indications, and contraindications, as well as clinical efficacy, safety, quality of life, cost/effectiveness, cell biology, animal models, biomarkers, and physical-chemical and microbiological control analytical techniques. This Special Issue will highlight the most recent advances in all aspects relevant to health resort medicine.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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