



Health Effects and Management of Shift Work

Guest Editors:

Prof. Dr. Tae-Won Jang

Prof. Dr. Hyoung-Ryoul Kim

Dr. Mo-Yeol Kang

Dr. Hye-Eun Lee

Deadline for manuscript
submissions:

closed (31 May 2021)

Message from the Guest Editors

Modern society is a 24/7 society, and many people work shifts. Shift work induces circadian rhythm disruption, causing a variety of health problems: sleep disorders, cardiovascular diseases, cancers, gastrointestinal disorders, mental health problems, and so on. The best method to prevent the health hazards caused by shift work is to avoid shift work. However, firefighters and police officers are forced to work shifts to prepare for fires and accidents, hospitals should be open 24 hours for emergent patients, and some workers are engaged with shift work to do their jobs. It is impossible to avoid shift work, so it is very important to prevent health hazards for shift workers and improve their health. We recommend that that shift work is optimized for the workers and suggest proper management methods to prevent health hazards caused by shift work. This Special Issue emphasizes the health effects of shift work and discusses and shares the management methods of shift workers.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI