



Independent Mobility: Exploring Children's Freedom to Travel and Play without Adult Supervision

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Deadline for manuscript
submissions:

closed (31 August 2022)

Message from the Guest Editors

Dear colleagues,

Childhood independent mobility refers to a child's "freedom to travel around their own neighbourhood or city without adult supervision", and it may play a vital role in helping children and youth to achieve recommended levels of physical activity. Independent mobility may also provide children with other social, cognitive, and personal development benefits. However, over recent decades, there has been a global decline in levels of childhood independent mobility. Arresting this decline is an important public health goal, particularly in light of the COVID-19 pandemic.

The aim of this Special Issue on "Independent Mobility: Exploring Children's Freedom to Travel and Play without Adult Supervision" is to showcase global research advancing understanding of the correlates, determinants, and benefits of childhood independent mobility and interventions for supporting children to be independently mobile. We welcome novel studies using a variety of methods including qualitative or quantitative, longitudinal approaches, alongside natural experiments, controlled trials, and systematic reviews.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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