



## Epidemiology of Lifestyle-Related Diseases

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### Message from the Guest Editor

Non-communicable diseases (NCDs), such as cardiovascular disease, cancer, diabetes and chronic respiratory disease, are still posing a great threat to both the health of human beings and the health systems. These diseases are heavily associated with modifiable lifestyle factors, including smoking, physical activity, dietary pattern and alcohol consumption. Although many studies have examined the associations between lifestyle factors and NCDs, quite a few issues on this broad topic are to be addressed.

Here are some examples of topics that could be addressed in this Special Issue:

1. The individual and combined effects of lifestyle factors on NCDs;
2. The short-term and long-term associations and contributions of lifestyle factors to NCDs;
3. The temporal trends on the associations and contributions between lifestyle factors and NCDs;
4. The contributions of lifestyle factors on the demographic and socioeconomic inequalities in NCD risk;
5. The lifestyle modifications following an NCD and patients' prognosis;
6. Distribution of lifestyle factors.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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