



Child and Youth Mental and Brain Health

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Deadline for manuscript
submissions:

closed (31 March 2023)

Message from the Guest Editors

Mental health is important through the developmental stage from childhood to adolescence. The emotional wellbeing of children and youth is just as important as their physical health, as it affects how they think, feel, and act as they cope with life. Good mental health allows children and youth to develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults. Brain health is the preservation of optimal brain integrity and mental and cognitive function at a given age in the absence of overt brain diseases that affect normal brain function. Children with neurodevelopmental disorders such as autism and attention deficit/hyperactivity disorder have disrupted brain function and affect human health. This affects how they handle stress, relate to others, and make choices.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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