

# International Journal of *Environmental Research* and Public Health



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# Advances in Mental Health Care: Self-Management, Prevention and Early Intervention

Guest Editor:

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Deadline for manuscript submissions: closed (30 October 2022)



Self-management can help people with mental health challenges to develop the skills to take care of themselves and improve collaborative interactions with health and social care support providers and the systems in which they work. The benefits of prevention and early intervention in mental health to address longer-term psychosocial disability and marginalization are widely acknowledged.

Despite the strengthening understandings of the importance of self-management to mental health and the role of the person in their own care, there remain significant gaps in knowledge, including, *but not restricted to, the following*:

- Cross-cultural contexts for mental health selfmanagement;
- The role of lived experience mental health peers in supporting self-management;
- Mental health care service systems within a human rights framework;
- The experiences of young people impacted by mental health;
- The experiences of caregivers in supporting mental health self-management.

We welcome submissions across the broadest interpretation of these issues, and from a wide range of disciplines of relevance to mental health. We particularly welcome submissions by lived experience researchers.





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#### Message from the Editor-in-Chief

#### Prof. Dr. Paul B. Tchounwou

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