



Mental Health: Young People's Social and Emotional Wellbeing

Guest Editors:

Dr. Grace Spencer

Faculty of Health, Education,
Medicine and Social Care, Anglia
Ruskin University, Cambridge
CB1 1PT, UK

Dr. Jill Thompson

Health Sciences School,
University of Sheffield, Sheffield
S10 2LA, UK

Deadline for manuscript
submissions:

closed (30 June 2023)

Message from the Guest Editors

Young people's mental health is shaped by a complex range of vulnerabilities and protective factors, including peer and family relationships, and education, socio-economic, political and environmental influences, as well as the physical, emotional and relational changes associated with adolescence. The impacts of social media and global challenges, such as climate change and the COVID-19 pandemic, are increasingly recognised for their adverse effects on young people's social and emotional wellbeing. Young people with mental health conditions are at a greater risk of experiencing poorer outcomes and are more likely to encounter social exclusion, discrimination and stigma. This Special Issue invites contributions that directly focus on young people's mental health and wellbeing, including the importance of young people's social relationships and contexts in shaping their emotional wellbeing. Examples of approaches that draw upon young people's assets and agency in the promotion of their mental health are particularly welcomed, along with papers that directly engage with young people's own perspectives and experiences of mental health.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI