



Mental Health at the Workplace

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Message from the Guest Editor

Dear Colleagues,

Mental health problems are a major concern as they are widely prevalent and involve high economic costs. We see a tremendous reduction in quality of life stemming from mental ill-health, and a related increase in workability problems and disability claims has been observed in most Western countries. The workplace has been examined as a potential source of stress-related ill health, while it also provides a useful setting for primary and secondary prevention of mental health problems. Several strategies have shown promising results when it comes to tackling mental health problems at the workplace. On the other hand, there is a lot of heterogeneity in the methodological quality of studies and mixed findings have been observed. Additionally, the factors that contribute to the successful implementation of an intervention remain unclear.





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Message from the Editor-in-Chief

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