



Nutrition, Diet and Public Health: Assessment in Different Individuals and Groups

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Message from the Guest Editors

Public health nutrition and diet is the science that studies the relationship between diet and health and provides the basis for the design, implementation and evaluation of nutritional interventions at community and population levels to improve the health status of populations.

There is currently a need for up-to-date research linking these two concepts. Research whose results can be applied to public health in the social and geographical context of a community or a group of individuals in order to enhance and improve nutritional status is valuable.

This Issue will incorporate multidisciplinary research, from all points of view, dedicated to nutritional assessment in various population groups, as well as its possible health and public health repercussions.

All types of manuscripts are encouraged, from rigorous randomised clinical trials to pragmatic community-based designs. Therefore, interventions related to diet, dietary habits and their relationship with the nutritional status of a population are acceptable. Original research papers are welcome, as are systematic reviews and meta-analyses.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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