



an Open Access Journal by MDPI

## Physical Activity Levels, Sport and Emotional Intelligence

Guest Editors:

**Prof. Dr. Gabriel Rodríguez-Romo**

Faculty of Physical Activity and Sport Sciences (INEF),  
Universidad Politécnica de Madrid, 28040 Madrid, Spain

**Dr. Jorge Acebes-Sánchez**

Faculty of Health Sciences,  
Universidad Francisco de Vitoria (UFV), Pozuelo de Alarcón, 28223 Madrid, Spain

**Dr. Ignacio Díez-Vega**

Faculty of Sport Sciences,  
Universidad Europea de Madrid (UEM), 28670 Villaviciosa de Odón, Madrid, Spain

### Message from the Guest Editors

In recent years, researchers have shown an increased interest in emotional intelligence and its relation to physical activity and sports.

Papers addressing these topics are invited for this Special Issue, especially those combining a high academic standard coupled with a practical focus on sports performance and promoting physical activity and health, concerning the development of emotional intelligence.

Deadline for manuscript  
submissions:

**closed (12 April 2023)**



[mdpi.com/si/51780](https://mdpi.com/si/51780)

# Special Issue



an Open Access Journal by MDPI

## Editor-in-Chief

**Prof. Dr. Paul B. Tchounwou**

RCMI Center for Urban Health  
Disparities Research and  
Innovation, Richard Dixon  
Research Center, Morgan State  
University, 1700 E. Cold Spring  
Lane, Baltimore, MD 21251, USA

## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

**Journal Rank:** CiteScore - Q1 (Public Health, Environmental and Occupational Health)

## Contact Us

---

*International Journal of  
Environmental Research and Public  
Health* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/ijerph  
ijerph@mdpi.com  
X@IJERPH\_MDPI