



## Prevalence and Risk Factors of Obesity and Hypertension

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submissions:

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### Message from the Guest Editors

Dear Colleagues,

Obesity and hypertension are some of the most important public health problems in the world. According to the World Health Organization, elevated blood pressure is the leading risk factor of death and disability worldwide. The increased prevalence of hypertension can be explained by the worldwide obesity epidemic. As the prevalence of hypertension is increasing worldwide, the prevention and control of hypertension have become important public health initiatives. In recent years, especially during the COVID-19 pandemic, people's increasingly unhealthy lifestyles have led to a growth in the number of people at risk of obesity and hypertension.

This Special Issue of *International Journal of Environmental Research and Public Health* (IJERPH) focuses on broadening our knowledge of the prevalence of obesity and hypertension, as well as the analysis of biological (i.e., age, sex, genetics) and lifestyle (i.e., dietary, physical activity, and sleeping habits) risk factors. New research papers, reviews, and case reports are welcome in this issue. Papers dealing with new approaches to the management of obesity and hypertension are also welcome.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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