



Restraint Minimalization in Aged Care and in the Community

Guest Editors:

Dr. Barbara C Wimmer

School of Pharmacy and
Pharmacology, University of
Tasmania, 7005 Hobart, Australia

Dr. Juanita L Breen

Wicking Dementia Research and
Education Centre, University of
Tasmania, 7005 Hobart, Australia

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Message from the Guest Editors

Restraint in older people can be defined as equipment or chemicals used to limit the ability to move freely. Nay, Koch and Tirgar (1999) add to the definition that this “does not refer to equipment requested by the individual for their safety, mobility of comfort. Neither does it refer to drugs used—with informed consent—to treat specific appropriately diagnosed conditions where drug use is clinically indicated to be the most appropriate treatment.” Other forms of restraint encompass environmental restraint and psychological restraint.

Papers addressing these areas are invited in this Special Issue, particularly those combining a high academic standard coupled with a practical focus. Most attention on this topic has focused on institutional settings; however, considering that increasing numbers of older people are supported in the community and that they are frequently looked after by informal care givers, this Special Issue could provide a valuable resource for a variety of target groups. The aim is to provide an interdisciplinary platform for literature on restraint minimalization in residential (or long-term) aged care settings and in the community.





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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
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University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

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Health* Editorial Office
MDPI, Grosspeteranlage 5
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