



Advances in Sleep Behaviors Associated with Health Outcomes

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submissions:

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Message from the Guest Editors

Dear Colleagues,

We are pleased to announce the Special Issue entitled “Advances in Sleep Behaviors Associated with Health Outcomes”. This is a collection of important high-quality papers (original research articles or comprehensive review papers) published in Open Access form by Editorial Board Members, or prominent scholars invited by the Editorial Office and the Section Editor-in-Chief. This Special Issue aims to discuss new knowledge or new cutting-edge developments in the sleep health research field. Specifically, this issue highlights research examining the importance of sleep for optimal mental and physical health and disease prevention. We would also like to highlight racial and socioeconomic disparities in sleep health and how this contributes to disparities in other health outcomes.

You are welcome to send a tentative title and a short abstract to our Editorial Office (ijerph@mdpi.com) for evaluation before submission. Please note that selected full papers will still be subjected to a thorough and rigorous peer-review.

We are looking forward to receiving your excellent work.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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