



Social Media and Adolescents' Well-Being

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Message from the Guest Editors

Adolescence is an important period linking childhood and adulthood, during which the individual is gradually developing and determining their own identities, characteristics, functioning, and so on. Consequently, it is worth paying attention to this group by giving them substantial care, support, and guidance. Currently, with the information and communications technology development, social media is a platform that people, especially adolescents, use frequently in their daily lives for communicating with others, gaining information, sharing one's life, and participating in social life. In other words, social media exert enormous effects on adolescents' development and life, including their mental health, behaviors, physical condition, etc. From this perspective, this Special Issue aims to explore the relationship between social media usage and adolescents' wellbeing. Additionally, this Special Issue aims to investigate the potential protective or detrimental psychological and social factors that influence the relationship between social media usage and adolescents' well-being.





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Message from the Editor-in-Chief

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