



Stroke: Athletes, Cardiac Risk, Physical Fitness, and Fatigue

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Strokes can occur in all ages, and recent statistics state that over 25% of strokes happen in working-age individuals, children, and even babies. Strokes affect one in 10,000 people between the ages of 14 and 45; however, very little is known about the frequency and type of strokes that happen in athletes. However, it does occur, as in the case of three Olympians: a retired track star who suffered a stroke; a three-time gold medal winner in rowing who suffered a spinal stroke; and a four-time Olympic speed skater who had a stroke during training. The Masters Athlete Screening Study (2018) has suggested that older athletes may have a higher incidence of cardiovascular disease than non-athletes of the same age with similar risk factors. However, these examples span the age range of 30–50 years of age. Therefore, it seems timely to invite you to submit original research, reviews, case studies, and/or narratives on strokes in athletes to this Special Issue.





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Message from the Editor-in-Chief

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