



Factors Associated with the Psychological Well-Being of University Students: A Preventive View

Guest Editors:

Prof. Dr. Jesús De La Fuente

School of Education and
Psychology, University of
Navarra, 31009 Pamplona, Spain

Dr. Paul Sander

SSSHL Psychology, Tesside
University, Southfield Rd,
Middlesbrough TS1 3BX, UK

**Prof. Dr. Jose Manuel
Martínez-Vicente**

School of Psychology, University
of Almería, Almería, Spain

Deadline for manuscript
submissions:

closed (31 December 2021)

Message from the Guest Editors

The recent paradigm shift in how educational psychology analyzes the university teaching–learning process. A former view that focused mainly on cognitive variables has evolved toward the study of students’ personal and emotional variables. Research has been reoriented towards understanding protective variables in stress, the behavioral characteristics of psychological well-being. Also of interest are other process factors: self-regulated learning, coping strategies for managing stress or classical learning approaches as a motivational-affective factor. Context has also received greater recognition as a factor that predisposes motivational-affective experiences of well-being. One cannot overlook the role of the teacher and the teaching process. The psychological characteristics of the teacher, the way the teaching process is undertaken, and the emotions that it promotes during learning are factors of great current relevance.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health
Disparities Research and
Innovation, Richard N. Dixon
Research Center, Morgan State
University, Baltimore, MD 21251,
USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (Public Health, Environmental and Occupational Health)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
X@IJERPH_MDPI