



## Trauma, Coping, and Resilience in Adolescents

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Deadline for manuscript submissions:

**closed (31 August 2021)**

### Message from the Guest Editors

Adolescents affected by trauma are highly vulnerable to experiencing short- and long-term mental health difficulties, including post-traumatic stress, substance abuse and dependence, anxiety, and depression. Research has indicated factors that put a young person at risk for mental health symptoms can include low parental support, social isolation, poverty, exposure to discrimination, and pre-existing mental health symptoms, such as anxiety and depression. Conversely, protective factors such as peer social support, school and community connectedness, supportive parenting, problem solving, self-regulation skills, and perceived self-efficacy can buffer the psychological impact of a trauma.

This Special Issue welcomes papers that address coping and resilience in adolescence and emerging adults, especially from health and social science perspectives. Of particular interest are empirical articles on topics examining coping, post-traumatic growth, and resilience. We are also interested in articles examining interventions designed to alleviate or reduce risk factors for long-term psychopathology in young people.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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