



University Students' Health and Academic Achievement

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Message from the Guest Editors

The percentage of the student population with mental health problems is higher than that of the general population, and this significantly correlates with students' academic performance and professional competence, as well as with their overall health and wellbeing. The frequency, manifestation, and course of mental and behavioral problems in university students seem to be determined by a variety of factors. Some students are more likely to develop a mental disorder even in the absence of stressful life events because the most critical period for some disorders is found in late adolescence and early adulthood. Additionally, more and more students are entering universities with pre-existing mental disorders that remain undiagnosed or unattended.

This Special Issue welcomes papers that investigate individual and environmental factors with significant effects on students' health, mental health, and well-being, which could improve our understanding of the phenomenon and its particular characteristics. Other manuscripts that aim to improve prevention and advance treatment of health and mental health problems in university settings are most welcome.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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