

## Special Issue

# Muscle Strength and Fall Prevention

### Message from the Guest Editors

We are pleased to announce that the upcoming Special Issue of the International Journal of Environmental Research and Public Health will be titled "Muscle Strength and Fall Prevention".

Consequences of falls are known to bring about a plethora of health concerns and increased health-care cost for older adults, exploring whether and how muscle strength and functional mobility affect on risk of falls. The prevention and treatment of risk of falls require a multifactorial approach, including lifestyle interventions, among which physical exercise and diet have a very important role. This Special Issue of the International Journal of Environmental Research and Public Health (IJERPH) will focus on the current state of knowledge on the links between muscle strength and fall risk in older adults. New research papers, reviews, case reports and conference papers are welcome. Papers dealing with new approaches to muscle strength and fall risk management are also invited. Other manuscript types accepted include methodological papers, position papers, brief reports and commentaries.

### Guest Editors

Dr. José Daniel Jiménez García

Department of Health Sciences, Faculty of Health Sciences, University of Jaén, 23071 Jaén, Spain

Dr. Manuel García-Sillero

Faculty of Sport Sciences, EADE-University of Wales Trinity Saint David, 29018 Málaga, Spain

### Deadline for manuscript submissions

closed (31 March 2023)



## International Journal of Environmental Research and Public Health

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Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity and Human Flourishing, Torrens  
University Australia, Adelaide 5000, Australia

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