# **Special Issue**

# Digital Technology and Diet-Related Health

# Message from the Guest Editor

There is evidence that poor dietary habits are associated with a range of chronic diseases (e.g., heart disease, diabetes, and colorectal cancer). Evidence suggests that one in every five deaths worldwide is associated with poor dietary habits. Advances in digital technologies can support the delivery of person-centred nutrition care for improving diet-related health. Digital technologies (e.g., the internet of things, big-data analytics, and artificial intelligence that uses deep learning) can be applied to help tackle the challenges of changes in eating behaviour. This Special Issue plans to give an overview of the most recent advances in the field of using digital technologies to promote dietrelated health. It aims to provide selected contributions on advances in the synthesis, characterisation, and applications of digital technologies with regard to changes in eating behaviour.

# **Guest Editor**

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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# Editor-in-Chief

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