Special Issue

Mental Health: Young People's Social and Emotional Wellbeing

Message from the Guest Editors

Young people's mental health is shaped by a complex range of vulnerabilities and protective factors, including peer and family relationships, and education, socioeconomic, political and environmental influences, as well as the physical, emotional and relational changes associated with adolescence. The impacts of social media and global challenges, such as climate change and the COVID-19 pandemic, are increasingly recognised for their adverse effects on young people's social and emotional wellbeing. Young people with mental health conditions are at a greater risk of experiencing poorer outcomes and are more likely to encounter social exclusion, discrimination and stigma. This Special Issue invites contributions that directly focus on young people's mental health and wellbeing. including the importance of young people's social relationships and contexts in shaping their emotional wellbeing. Examples of approaches that draw upon young people's assets and agency in the promotion of their mental health are particularly welcomed, along with papers that directly engage with young people's own perspectives and experiences of mental health.

Guest Editors

Dr. Grace Spencer

Faculty of Health, Education, Medicine and Social Care, Anglia Ruskin University, Cambridge CB1 1PT, UK

Dr. Jill Thompson

Health Sciences School, University of Sheffield, Sheffield S10 2LA, UK

Deadline for manuscript submissions

closed (30 June 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/122871

International Journal of Environmental Research and Public Health Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 ijerph@mdpi.com

mdpi.com/journal/ ijerph





International Journal of Environmental Research and Public Health

an Open Access Journal by MDPI

CiteScore 8.5
Indexed in PubMed





About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity and Human Flourishing, Torrens University Australia, Adelaide 5000, Australia

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)