



Phytochemicals: Molecular Mechanism Research on Antioxidants and Anti-inflammatory Agents

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Message from the Guest Editor

Dear Colleagues,

Phytochemicals are plant-based bioactive compounds produced by plants. Utilizing these components, which are characterized by low toxicity, abundance, and cost-effectiveness, offers a promising strategy for improving individual health and well-being. Phytochemicals, including flavonoids, phenolic acids, and terpenoids, have attracted significant interest due to their antioxidative and anti-inflammatory properties.

The aim of this Special Issue is to advance our understanding of phytochemicals and their multifaceted roles in health and disease management.

- phytochemicals
- bioactive compounds
- antioxidant
- anti-inflammatory
- mechanism of action

If you are interested in our special issue, please never hesitate to contact me.





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Message from the Editor-in-Chief

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