



New Advances in Bioactive Compounds in Health and Disease

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Message from the Guest Editor

Dear Colleagues,

The use of bioactive compounds, particularly those from medicinal plants, in dietary supplements, nutraceuticals, and pharmaceuticals has received special attention in recent years. This is mainly based on the common belief that they are safer and more effective than synthetic drugs, and also due to their lower price, toxicity, and side effects. Among them, phenolic compounds have been a target of several studies and a hot topic of research. They constitute the largest group of secondary metabolites of plants and are classified as flavonoid (flavonols, flavanols, flavones, flavanones, isoflavones, and anthocyanins) and non-flavonoid compounds (phenolic acids, hydroxycinnamic acids, lignans, stilbenes, and tannins) and exhibit remarkable health-promoting properties, namely, antioxidant, anti-inflammatory, antimutagenic, vasodilator, antidiabetic, and anticancer effects; provide neurological and cardiovascular protection; improve memory; and can be used as additives for beverages, foods, nutraceuticals, pharmaceutical products, and cosmetics.





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Message from the Editor-in-Chief

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