



## Advances in Nutritional Approach to the Neurodegenerative Diseases

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### Message from the Guest Editors

Dear Colleagues,

Neurodegenerative diseases are among the major health conditions that affect neurons in the human brain and result in the progressive degeneration or death of nervous system cells.

To date, among the therapeutic strategies to reduce the progression of these diseases, nutritional strategies, mainly aimed at alleviating the symptoms of patients, such as inflammation, metabolic alterations, dysbiosis of commensal microbiota, and loss of neuronal structures, are highly relevant and have already proven to be beneficial for some patients.

This research topic aims to collect original research studies, reviews, and case reports which focus on new nutritional strategies to improve patient well-being. Furthermore, we also aim to collect studies that focus on the biological mechanisms of the activity of supplements, nutraceuticals, and other alternative medicine approaches that have the potential to significantly influence the health and quality of the lives of patients affected by neurodegenerative diseases.





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