



## Natural Antioxidants in Human Health and Disease

Guest Editor:

**Dr. María Herranz-López**

Instituto de Investigación,  
Desarrollo e Innovación en  
Biotecnología Sanitaria de Elche  
(IDiBE)-Miguel Hernández  
University (UMH), 03202 Elche,  
Spain

Deadline for manuscript  
submissions:  
**closed (15 April 2023)**

### Message from the Guest Editor

Dear Colleagues,

Oxidative stress, defined as an overproduction of reactive oxygen (ROS) and nitrogen species (RNS) in cells and tissues, plays a pathogenic role in the development of several inflammatory chronic diseases, especially in the case of atherosclerosis, hypertension, obesity, diabetes, metabolic syndrome, and cancer.

This Special Issue is a collection of research and review articles on the preclinical and clinical benefits of natural antioxidants, with special interest in human health and disease. The aim of this Special Issue is to collect literature that reflects the actual state of the art and increase our knowledge of natural antioxidants and the mechanism of action in their physiological and pathophysiological role. Further, their bioavailability and biotransformation events should be considered to identify the most likely final effectors in cells and tissues.

As the Guest Editor of this Special Issue, I cordially invite researchers from all around the world to contribute by submitting original research articles, long and mini review papers, short notes, and opinions in accordance with their expertise.

Dr. María Herranz-López  
Guest Editor





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### Prof. Dr. Maurizio Battino

Department of  
Odontostomatologic and  
Specialized Clinical Sciences,  
Sez-Biochimica, Faculty of  
Medicine, Università Politecnica  
delle Marche, Via Ranieri 65,  
60100 Ancona, Italy

## Message from the Editor-in-Chief

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*International Journal of Molecular  
Sciences* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

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