



## Current Research on Plants as Natural Antioxidants

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### Message from the Guest Editor

Natural product antioxidants are widely distributed in nature, especially in plants, vegetables, and fruits. Studies have shown that natural products such as plant-active selenium, flavonoids, polyphenols, saponins, and vitamins can effectively scavenge free radicals to protect human health. Finding new antioxidants from natural products that scavenge free radicals in the body has become an inevitable trend in the development of modern medicine and healthcare industries.

This Special Issue aims to study, at a molecular level, the mechanisms of action derived from plants' bioactive natural compounds to provide a reference for the research and development of the antioxidant activity of natural products. Please note, the exact active ingredient of natural origin extract must be reported in the manuscript, since papers describing the effects of mixed extraction from natural origin are not in the scope of the journal.





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## Message from the Editor-in-Chief

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