



Natural Products in Obesity: Novel Strategies and Molecular Mechanisms

Guest Editor:

Dr. Eugene Chang

Department of Food and
Nutrition, Gangneung-Wonju
National University, Gangneung-
si 25457, Gangwon-do, Republic
of Korea

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Message from the Guest Editor

Dear Colleagues,

Obesity has long been a public health threat because it is closely associated with metabolic comorbidities, including type 2 diabetes, dyslipidemia, hypertension, and cardiovascular diseases. Therapeutic approaches to prevent and/or treat obesity have been developed and employed. Recent research has provided evidence that numerous potential materials from natural sources, including natural plants such as herbs, fruits, and vegetables, and natural dietary compounds and their active compounds might be useful in preventing the development of obesity and its related metabolic diseases. This specific issue will focus on understanding novel and comprehensive metabolic pathways, as well as how natural products influence obesity and its associated metabolic disturbances.

This Special Issue of the *International Journal of Molecular Sciences*, entitled “Natural products and Obesity”, aims to solicit original research papers or review articles on the current state of research in this field, including both discovery and preclinical studies.

We look forward to your contributions to this research field.

Dr. Eugene Chang
Guest Editor





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Editor-in-Chief

Prof. Dr. Maurizio Battino

Department of
Odontostomatologic and
Specialized Clinical Sciences,
Sez-Biochimica, Faculty of
Medicine, Università Politecnica
delle Marche, Via Ranieri 65,
60100 Ancona, Italy

Message from the Editor-in-Chief

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MDPI, Grosspeteranlage 5
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