



## Exploring the Interplay among NAFLD, Insulin Resistance, and Metabolic Disorders: Mechanisms, Diagnosis, and Therapeutic Strategies

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### Message from the Guest Editor

Dear Colleagues,

This Special Issue aims to comprehensively examine the complex relationship between NAFLD, insulin resistance, and metabolic disorders. It addresses the limited number of studies that have explored both NAFLD and insulin resistance simultaneously and aims to bridge the gap in understanding the underlying mechanisms, diagnostic approaches, and potential therapeutic interventions for these interconnected conditions. By expanding the scope beyond the primary focus on NAFLD and insulin resistance, this Special Issue encourages contributions on related metabolic disorders such as obesity, type 2 diabetes, and cardiovascular diseases. The goal is to foster multidisciplinary research collaborations and provide insights into the shared pathophysiological pathways, biomarkers, and novel therapeutic targets.

Dr. Debora Collotta  
*Guest Editor*





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